

# **DEPARTMENT OF PHYSICAL EDUCATION**

## **ANNUAL REPORT 2019-2020**

### **Details of staff member:-**

1. SANIL P.P

### **Achievements of faculty:-**

Participated in the national workshop at MANONMANIAM SUNDARANAR UNIVERSITY TIRUNELVELI.

### **Assignment undertaken by the staff of Department at University and Inter University Level:-**

Accompanied the Calicut University Power Lifting (M) team as Manager, for the participation in the All India University Power Lifting (M) Championship 2019-2020.

### **Course offered by Department:-**

Open course for 5<sup>th</sup> Semester degree students: PHYSICAL ACTIVITY HEALTH AND WELLNESS

### **This year college team participated in 4 discipline, they are:**

1. Football
2. Cricket
3. Volleyball
4. Taekwondo Men and Women
5. Athletics

## INTERNATIONAL YOGA DAY

International Day Of yoga, commonly known as yoga day was celebrated on June 21 under the Sports Club and Department of physical education on behalf of the 50 student Volunteers of national service of our college. Practice of yoga, meditation, spreading awareness about yoga and adopting it in one's lifestyle by discussing were the primary objectives of celebrating such a day.



## FOOTBALL TEAM

Ambedkar College of Arts and Science, football camp started on July 2019. The camp was held at VMC GHSS ground in Wandoor . There were 25 students in the camp. After the 3 months camp the football team participated in the Calicut University B-ZONE championship in October at EMEA College Ground Kondotty. The teams won 5 matches in the tournament and entered the quarter final with exciting performance.

The football team also participated in the Reliance Football Tournament in November. The team entered the quarter final in the Tournament.



## ***CRICKET TEAM***

In our college the cricket was started in September 2019. There were 20 members in the camp. Our cricket team Participated in the KCPL Championship held at Perinthalmanna. They performed well in the tournament.



## ***VOLLEYBALL***

Our Volleyball camp started in October. The volleyball team Participated in Calicut University Volleyball Championship in December 2019 at Blossom College in Kondotty. They performed well in the tournament.





## ***ANNUAL SPORTS MEET***

Ambedkar college of Arts and Science conducted Deportivo annual sports meet on 13/12/2019 and 16/12/2019 under the Department of physical education and Azariah college union. The programme was inaugurated by the college principal Dr. Abdul Naser and The HOD of physical education Mr. Sanil.P.P gave the felicitations to the participants. Huge competition was took place among the departments. English department scored 55 points and won the championship trophy. The department of Commerce won the Runner up trophy with 54 points. The department of Economics and Mathematics received 51 and 46 points respectively. The Prizes distributed at 4pm on 16/12/2019 by the Principal.

Individual Championship at Annual Athletics meets won by Prince KP for boys 1<sup>st</sup> Economics and for girls Krishnendu K from 2<sup>nd</sup> BCom.



## ***WORLD FOOTBALL DAY CELEBRATION***

Ambedkar College of Arts and Science, Conducted a football shootout competition for the students and college staffs on 10/12/2019 according to World Football Day celebration under the Department of Physical Education. Mathematics HOD Sharshad Ameer U inaugurated the programme. The participation of college staffs made the programme more colourful. The trophies for the winners distributed by the Teachers. The vote of thanks was made by the General Captain of college students union.

First price for boys SREERAJ P (3<sup>RD</sup> MATHAMATICS) and for girls JASNA P (2<sup>ND</sup> ECONOMICS)





## ***INTERDEPARTMENT CRICKET TOURNAMENT***

Interdepartmental Cricket Tournament was conducted in Ambedkar College of Arts and Science Wandoor on 19/02/2020 and 20/02/2020 .There were four departments in the Championship. There were nine members in each team. The match was conducted for six Over's. Mathematics department won the winner's trophy and the department of English won the runner up. The trophies were distributed by Sanil P P (HOD of Physical Education) and Mubashir K P.



## ***S.J MEMORIAL FOOTBALL TOURNAMENT-2020***

Ambedkar College of Arts and Science Wandoor football team participated in **21 st REV.FR.L.D.MURPHY S.J. MEMORIAL FOOTBALL TOURNAMENT-2020** at Loyola College Chennai. The team performed well in the tournament.

