

AMBEDKAR COLLEGE OF ARTS & SCIENCE, WANDOOR
DEPARTMENT OF PHYSICAL EDUCATION
ANNUAL REPORT 2022-2023

Details of staff member:-

1. SANIL P.P

Achievements of Faculty:-

1. Attended as Liaison Officer of Megalaya team in connection with 75th Santhosh Trophy football Tournament at Malappuram

Assignment undertaken by the staff of Department at University and Inter University Level:-

1. Calicut University B Zone Football Tournament Organized.

Course offered by Department:-

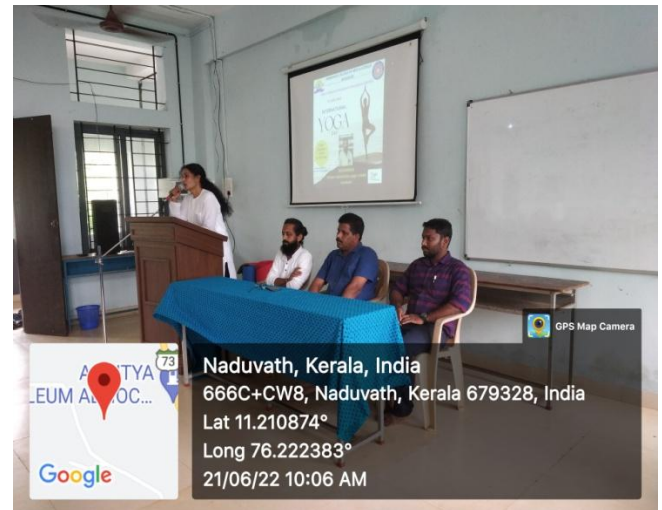
Open course for 5th Semester degree students: PHYSICAL ACTIVITY HEALTH AND WELLNESS

This year college team participated in 3 discipline, they are:

1. Football
2. Cricket
3. Taekwondo
4. Badminton
5. Volleyball
6. Athletics
7. Best Physique

International Yoga Day

International Day Of yoga, commonly known as yoga day was celebrated on June 21 under the Department of physical education on behalf of the 50 student Volunteers of national service of our college . This Session was taken by Devendran and Practice of yoga, meditation, spreading awareness about yoga and adopting it in one's lifestyle by discussing were the primary objectives of celebrating such a day.



Calicut University B zone Football Tournament

Calicut University B zone football Tournament was Organized by, Department of physical Education, Ambedkar College -2022 23 academic year. The Tournament inaugurated by the Principal of VMC School. The College Principal Presided and the vote of thanks was Proposed by Sanil P P, Head of the Physical Education Department. Around 25 Colleges participated in the Tournament.



Volleyball Tournament

Interdepartmental volleyball tournament and throw ball tournament was organized by Dept. of Physical Education and the ADHIKAARA college union. The match was from 3:30 in the throw ball competition, the English department became the champions and the mathematics department became the runners-up. The B.Com department won the first place in the volleyball competition. The Department of Economics secured the second position.



Badminton

As a part of whistle 2023 sports fest Inter Department Badminton Tournament was conducted on Wednesday 15-02-2023 at chillies indoor court wandoor from 9.30 am to 12.30 pm under Dept. of Physical Education and college union. Two teams of two boys and two teams of two girls participated from each department.



Cricket Tournament

Interdepartmental cricket tournament was organized under Dept. of Physical Education and Adhikaara college union. In the tournament in which 4 departments of the college were participated. The final match was held on 13/02/2023, Monday the B.com department became the runners and the economics department became the champion



Athletics

On 2/2/23, the athletic meet was conducted by Dept.of Physical Education and the Adhikaara College Union. Asif Saheer, known as the Indian Maradona, was the chief guest in the athletic meet. College Principal Abdul Nasar VP, Physical Education Head of Department Sanil PP, Chairman Sarfas EK, UUC Ameen Ajvad and others are speech in the session and General Captain Mohannad took oath. The competition was held as inter department. The competition was in events like 1500m walk, 800m, 400m, 100m, long jump, discus throw, shot put, javelin throw and relay. The B.com department emerged as the champions with 81 points while the Economics and English departments came second with 46 points each and With 16 points, Mathematics Department also secured the third position.



Football Tournament

Interdepartmental football tournament was organized as the last event of sports under Dept. of Physical Education and Adhikaara college union. In the tournament in which 4 departments of the college were participated. The final match was held on 03/03/2023 Friday the B.com department became the runners and the economics department became the champion.

